Breakfast · November 2026

Walnut Montessori-Preschool Academy · Monthly Menu

WGR Whole Grain Rich
WW Whole Wheat
MGR Multi Grain

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	**2** WGR **French Toast** Peaches Milk & Water	**3** WGR **Waffles** Pineapple Chunks Milk & Water	**4** **All Bran Wheat Cereal** Banana Slices Milk & Water	**5** WGR **Chex Cereal** Mandarin Oranges Milk & Water	**6** WGR **Croissant & Jelly** Apple Sauce Milk & Water	**7** **AGES 3–5 SERVING** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
8 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	**9** **Oatmeal** Apple Slices Milk & Water	**10** WGR **Pancakes** Peach Slices Milk & Water	**11** **Veterans Day** SCHOOL CLOSED	**12** **English Muffins** Mandarin Oranges Milk & Water	**13** WW **Bagel & Cream Cheese** Orange Slices Milk & Water	**14** **AGES 3–5 SERVING** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
15 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	**16** WGR **French Toast** Peaches Milk & Water	**17** WGR **Waffles** Pineapple Chunks Milk & Water	**18** **All Bran Wheat Cereal** Banana Slices Milk & Water	**19** WGR **Chex Cereal** Mandarin Oranges Milk & Water	**20** WGR **Croissant & Jelly** Apple Sauce Milk & Water	**21** **AGES 3–5 SERVING** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
22 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	**23** **Oatmeal** Apple Sauce Milk & Water	**24** WGR **Pancakes** Pears Slices Milk & Water	**25** MGR **Cheerio Cereal** Pear Slices Milk & Water	**26** **Thanksgiving** SCHOOL CLOSED	**27** **Day After Thanksgiving** SCHOOL CLOSED	**28** **AGES 3–5 SERVING** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
29 **AGES 1–2 SERVING** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	**30** **French Toast** Peaches Milk & Water					**AGES 3–5 SERVING** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup